SIMPLY NEWS

Sharing Information, Joy and Thoughtfulness
A Publication of Simply Living

Please join us at our fifth annual premier fundraising lunch

A Gift to Be Simple

Wednesday, Oct. 13 – Noon – 1 p.m.
Confluence Park Restaurant
679 W. Spring St., Columbus.

Once a year we pull out all the stops and invite guests to an inspiring program highlighting Simply Living's work. A complimentary lunch featuring local foods sourced by The Greener Grocer will be served, and guests will be invited to make a meaningful gift.

Please let us know you are coming! RSVP to our office, 614-447-0296, or hello@simplyliving.org by October 4th.

Hosts and guests are invited to enjoy an informal social hour a half hour before and after the event in the lounge area. Please plan to arrive by 11:45. We will be honored to share this hour with you!

Introducing our newest Earth Institute discussion course

A World of Heath: Connecting People, Place and Planet

The most fundamental message is for people to remember that the environment is not just something that they visit on weekends or during their summer vacation--that the environment is all

(Continued on Page 3...)

Fall is here!....

Look for Simply Living and Community Shares in Your Workplace Giving Campaign

COMMUNITY SHARES OF MID OHIO

(To find out how you can contribute, turn to page 11...)

Simply Living's Vision: Creating a compassionate and sustainable world through personal, community and cultural transformation.

A note from our Director

Dear Friends,

With Fall campaign season in full swing, the rhetoric about jobs and our economic well-being has been turned to a high pitch. Missing of course is real debate about the fundamental changes our economy has gone through in the last 20-40 years. The implications for all of us are enormous, and we know too well the human face of poverty, lack of jobs, the shredded social net, and unprecedented inequality. What is painfully obvious is that our economy is not working for our collective well-being, and most politicians are loathe to do the hard work of creating a more just and equitable economy.

Simply Living has always focused on what is working and what can I/we do. Beginning with a forum we organized this past May on "Strengthening Our Local Economy", we have grown into a working group of people and organizations representing vision, possibility and, yes, solutions that contribute to our collective economic well-being. Groundwork for a stronger local economy has already been laid by groups such as Small Business Beanstalk (pg. 6) and the Economic and Community Development Institute (ECDI). Nationally, BALLE (Business Alliance for Local Living Economies) has been leveraging the power of local networks to build a web of economies that are community-based, green, and fair—thus, local living economies.

Know-how about how to put our money to use to benefit our communities in Central Ohio will be increasingly important. Simply Living is on the cutting edge of this conversation, and we're just beginning! Thankfully we can stand on the shoulders of people and organizations who have not only been asking these questions but also researching what is working. We have much to learn. (See *http://www.livingeconomies.org/aboutus/research-and-studies* for a start.)

Simply Living is a catalyzing organization with a bare bones budget. But when it comes to tenacity and commitment to build workable solutions, we're in the thick of it. Join us at *A Gift to Be Simple,* contribute however you can, and be part of the solution as we celebrate our shared journey.

Marilyn

Simply Living is a 501(c)3 organization. All contributions are tax deductible to the fullest extent of the law.

To receive your newsletter electronically...

Please contact Allison at 447-0296 or *allison@simplyliving.org.*

You can access our current and past newsletters online at *www.simplyliving.org/newsletter*. We are currently publishing three newsletters/year.

Simply Living's Mission: *Simply Living of Central Ohio supports individuals, families and organizations in creatng a more compassionate and sustainable world by offering learning opportunities which promote personal and civic responsibility, informed action and wholeness.*

Simply Living Board

Donna Sigl-Davies, President, 268-7656
Randall Loop , Vice President 496-4595
Gwen Uetrecht, Secretary, 261-8399
Dan Baer, Treasurer, 343-0493
Stephanie Glass, 617-852-4668
Dominic DiBlasi, 679-1365
Nathan Johnson, 949-6622
Chuck Lynd, 354-6172
Marilyn Welker, Director, 937-484-6988

We welcome articles for our newsletter and website:

www. simplyliving.org

Send submissions to:

Marilyn Welker: *mwelker@ctcn.net*

PLEASE SEND ALL CALENDAR SUBMISSIONS TO

Allison Phone: 614.447.0296

Email: *allison@simplyliving.org*

Simply Living's Learning Courses –

Engaging learners for personal and cultural transformation

I. Earth Institute Discussion Courses – *Inspiring people to take responsibility for Earth*

Course lengths vary from 4- 8 wks. with shared facilitation and coursebook readings.

A World Of Health: Connecting People, Place and Planet

(Continued from p. 1...)

around us, that it is in us and we are in it, and that it profoundly influences our health. --Dr. Philip Landrigan, Director, Children's Environmental Health Center, Mt. Sinai Medical Center

What is health in a world compromised by environmental toxins, personal stress, processed and refined foods, and commercial green washing? Through this six session course, explore the connections between human health and our environment with a group of 8-12 people in your workplace, community or faith center, home or university. (Over 200 community colleges and universities nationwide are now offering these courses.) Learn about the intersections between our personal health and our environment through our food, living spaces, communities, and ultimately our planet. Not only will you gain valuable insights about the interconnections of our health, but you also will be inspired to take actions to benefit your health and our environment.

You are invited to a course introduction to:

A World of Health
Wednesday, Oct. 20th, 7 p.m.
Global Gallery
3535 N. High St.

If you'd like to take the course but are unable to attend that evening, please contact Nathan at *ngj660@gmail.com*.

Simply Living has been offering Earth Institute Discussion Courses for fourteen years in partnership with the Northwest Earth Institute. These courses offer purposeful conversation and often build lasting friendships as participants bring their experiences and questions to the topic at hand.

Contact Marilyn at 447-0296 for more information, to schedule a course, or to share your interest in participating in a course. Can you suggest a course site and help organize a group of participants? We are eager to help!

Additional available courses are: *Voluntary Simplicity; Menu for the Future; Global Warming: Changing CO_2urse; Reconnecting with Earth; Healthy Children – Healthy Planet; Sustainable Systems at Work; Choices for Sustainable Living;* and *Discovering a Sense of Place.*

Visit our website: ***http://www.simpliving.org/Earthinst*** for course descriptions and contact Ellen at ***ellenb28@earthlink.net*** for more information.

II. Course - *How to Be an Agent of Change in Your Circle of Influence*

This six-session interactive course covers the theory, practice, and tools needed to work for change within a circle of influence such as a school, neighborhood, place of worship or workplace.

- Initiate or accelerate sustainable practices and/or raise eco-awareness in your chosen circle.
- Develop a project in consultation with other members in the class and take steps of early implementation.

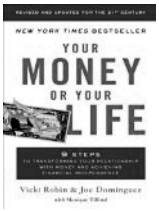
(More Simply Living course info on page 4...)

- Projects can be short or long term, small, big or anywhere in-between!

Late Fall course start anticipated; contact Lisa Kreischer at *learnerhelper@att.net* or Marilyn Welker at *mwelker@ctcn.net* for more information.

III. Course - *Your Money or Your Life*

Sharing our need for financial integrity



By Randall Loop

Many of us have probably seen the movie *Poltergeist,* where the Psychic Lady tells the little girl Carol Ann, who is lost in the TV, to "Come into the Light, Carol Ann." When she does she finds her way home. Well, this sort of describes me and my relationship with money at one time, that is, prior to my journey with the Your Money or Your Life (YMOYL) course. No, I was not the little Psychic Lady, but the little lost child. When it came to money, I was lost in a maze that never seemed to have a way out.

I was up to my ears in credit card debt to the tune of nearly $20,000. I was working 10 hours or more a day (weekends too), depleting my life energy, trying to make the minimum payments or a little more and wondering why I could not get ahead. I was lost...without awareness, living by the seat of my pants without any true money intention.

So I made what I call a "primary list" of goals regarding my money life, describing where I wanted to be. They were/are: 1) get out of debt and develop savings, 2) discover my true values, 3) learn to be happy with less, 4) live more healthily, and 5) help others and the planet.

Then to my surprise, in the winter of '03/'04 Sheila Barrett offered the YMOYL course. After reading the invitation, looking over the book at the Introduction, and hearing her story, I decided to see if this could provide me with much needed strategies and tools. It could and did.

The course offers the opportunity to embrace "no blame, no shame". You will travel through your consciousness from the viewpoint of an "explorer", like the Star Ship Enterprise on the TV series *Star Trek*. You will discover your unique blueprint with money, connected with your beliefs and attitudes about money. You will learn how to transform your relationship with money and travel from unawareness to awareness. From that viewpoint you will be able to decide how you want to use your most precious commodity-- your "life energy".

I have since realized those goals with the tools of YMOYL. I have paid off all that credit card debt, developed substantial savings and given more financial support to worthy causes. I am buying a little house, paid cash for a car, and began volunteering as a board member of Simply Living. I often simply rest (just be) and spend time with my wonderful grandmother, family and friends.

We do have a choice about how we use our "life energy". We can deplete it, "buying a dying...working 9-5 till we die." Or, we can create something else more pleasing. Guess what...You decide!

Learn more about the YMOYL course at the monthly introductions and the 7-week discussion course I'll offer this winter. For more information, contact me at 614-496-4595 or *erloop@gmail.com.*

Randall Loop is a Licensed Massage Therapist and sought-after workshop presenter.

Simply Living's Community Initiatives – *Creating more resilient Central Ohio communities*

I. WCRS 102.1 and 98.3 FM, our community radio station

On July 30th we filed a Request to Transfer with the FCC, asking to transfer our WCRS license and broadcast operations to The Neighborhood Network, a local nonprofit organization whose core mission is community media. We anticipate a decision from the FCC by the end of October or early November. In the meantime, listen to our broadcasts from 3-8 p.m. daily or on our website at *www.wcrsfm.org*, with our anchor news program, *Democracy Now!* airing from 5-6 p.m. Mon. – Fri.

Program of note: Recently member Tom Over created a number of interviews for *Conscious Voices,* a weekly public affairs program on WCRS. One episode features an interview with Todd Mills of Local Matters. Todd talks about the challenge of transforming the food system throughout the developed world from one of subsidized commodity crops, producing cheap and fast, but unhealthy processed food-like substances that damage our bodies and destroy our soil, water, and wildlife to one that supports life, produces whole foods that taste better, are more nutritious, keep us healthier, benefit local communities, and protect our natural resources. To listen to the interview with Todd, go to: *http://www.wcrsfm.org/note/939. We thank the Dr. Thelma I. Schoonover Fund of the Columbus Foundation for their support of WCRS and this particular program series.*

WCRS FM

(Continued on next page...)

II. Transition Central Ohio (TCO) – ***to engage and inspire people to collaborate in local actions to strengthen our communities by making them more sustainable, resilient, and just.***

With Central Ohio now home to at least nine sustainable community groups (Clintonville, Delaware, Pickerington, Reynoldsburg, University Area, Upper Arlington, Westerville and Worthington plus OSU), and with most of them having their genesis through Simply Living members' initiative, TCO is hosting a meeting with the leaders of the many groups on October 14th to learn what is working, what is not, and how we can be mutually supportive.

To connect with our project, search google groups for "TCOevents". You can also send an email requesting to join

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III. Active Transportation Project –

From the Car to the Streets – Simply Living's Active Transportation Project

By Eric Davies

The uncontrollable flow of oil from BP's Deepwater Well in the Gulf of Mexico allegedly has stopped, but thousands of other wells continue to spew oil directly into our daily lives. Nearly every item we touch involves or contains oil products, and **70% of the oil consumption in the US involves the transportation of people and the goods we consume.**

Simply Living's Active Transportation Project (ATP) has spent the past five years putting a dent in the amount of oil consumed locally for transportation and encouraging healthier, more active lifestyles and more livable communities through better transportation choices. Transportation plays a large role in community design, an individual's level of physical activity and quality of life, and the health of the environment and local economy. The ATP promotes walkability, bicycling and public transportation as forms of daily mobility for healthier people and places and to reduce daily reliance on fossil fuels.

The ATP has represented Simply Living at the table of a number of transportation-related community initiatives within the past year. So far in 2010 the ATP's representatives have:

- Served on the Mid-Ohio Regional Planning Commission's (MORPC) workgroup that established a new Complete Streets Policy for Central Ohio. The policy requires all local communities that use federal funds allocated through MORPC to consider all forms of mobility (cars, pedestrians, bicycles and public transit) rather than only cars when streets/corridors are constructed or altered;
- Presented our signature presentation, "Walk, Bus, Bike: Routes to a Healthier Society" to a statewide conference of public health professionals, and received a positive response to the message that transportation is a public health issue; and,
- Collaborated with local and statewide partner organizations to form a new organization to promote the growth of public transportation within Central Ohio. Watch for more information on this new organization soon!

The ATP also welcomed long-term Simply Living member Sally Murphy as the newest member of the presentation and educational outreach team. The ATP's co-leaders plan to continue to offer the "Walk, Bus, Bike" workshop in late 2010 and early 2011, including at least one session for Simply Living members sometime later this year. **The ATP team also offers personalized consultations for Simply Living members on how to get around without a car.** Contact us if you need help to figure out issues such as how to bike in traffic, to use the bus or to get around conveniently and safely while reducing your demand for a car.

For more information on our activities and offerings, or to schedule a workshop or get help with a mobility question, contact Eric Davies at:

transportation@simplyliving.org.

Eric Davies is a founding member of Simply Living and owner of Transformative Consulting.

IV. Support Our Local Economy (SOLE)

Why Buy Local?

By Chuck Lynd

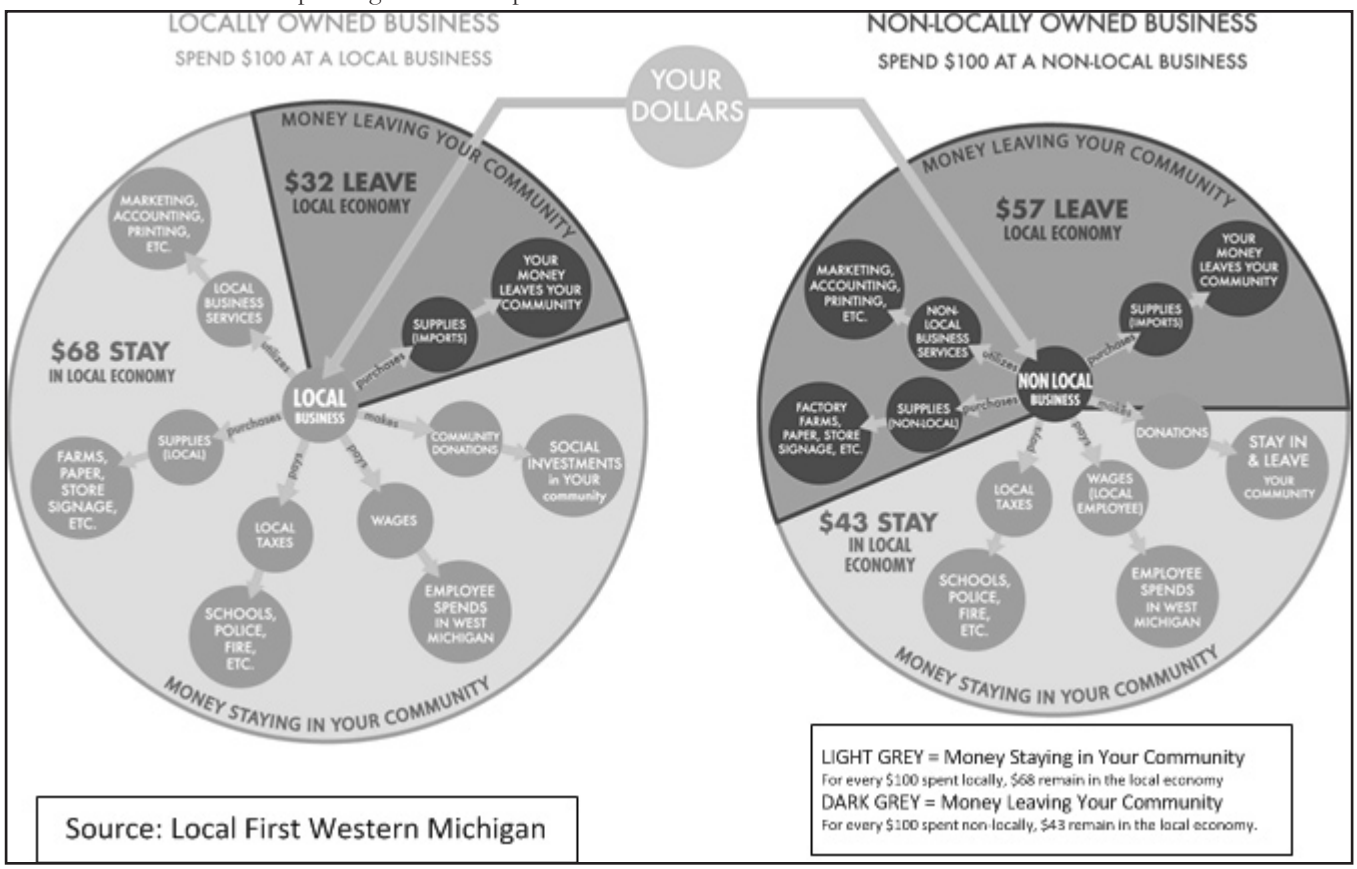
Buying from a local business has many benefits for Columbus and surrounding communities in Central Ohio. The more support we give to community-based businesses the more we get back. Many economic studies document this in dollars and cents. **As a general rule, for every $100 you spend at a locally owned business, more than $68 remains in our community. When spending $100 at nonlocal chain stores, only $43 remains in our community**. Why? Because our locally owned businesses more often purchase goods and services locally, whereas the chain stores purchase supplies from their own national sources. In addition, store profits from big box chain stores typically go to nonlocal investors.

A "local multiplier effect" happens when more dollars are retained in our community. A study commissioned in 2008 by the city of Grand Rapids, Michigan, demonstrates this effect dramatically. They asked, what would happen if there were a 10% shift in consumer spending at local independent businesses? The result of this increase in local purchasing would be an estimated $140 million in new economic activity, 1600 new jobs, and $50 million in new wages. While it is not always possible to buy what you need locally, it makes good economic sense to "Think Local First" when you shop, eat out, bank, repair your car, etc.

And….It's not just about the money! Locally owned businesses are at the heart of our local neighborhoods and communities in Central Ohio. They contribute to the unique character and charm of our neighborhoods and give us a sense of belonging and shared values. They offer opportunities for interacting with our neighbors and enhance that elusive feeling we recognize as quality of life. We celebrate our communities in annual festivals that honor our diverse cultures and support our local vendors and the arts in all their forms. They help make Central Ohio a great place to live, work, and play.

What is a local business? According to the Small Business Beanstalk (SBB - *www.thesbb.com*), a local business is an organization that is privately held and at least 51% locally owned in the Columbus metropolitan area. Local businesses have no corporate or national headquarters outside of Ohio and are able to make independent purchasing and branding decisions.

How can I get involved? To make your support for local independent businesses more visible, get and use the SBB community card, which is free to individuals. Small Business Beanstalk, or SBB, is a local-first company that leverages connections of all types to support business and community growth in Central Ohio. Having begun less than a year ago, SBB



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Why Buy Local?

More Reasons to Buy Local...

(Continued from page 6...)

now has enrolled more than 250 locally owned businesses, who give supporters discounts and special offers when using the SBB card. Join online – *www.thesbb.com.*

More Reasons to Buy Local...

*** Create More Good Jobs** - Small local businesses are the largest employer nationally and in our community, providing the most jobs to residents.

* **Support Community Groups** - Non-profit organizations receive an average of 250% more support from small business owners than they do from large businesses. Wow!

*** Get Better Service**. Local businesses often hire people with better understanding of the products they are selling and take more time to get to know customers.

*** Invest in the Community**. Local businesses are owned by people who live in the community, are less likely to leave, and are more invested in the community's future.

*** Put Your Taxes to Good Use**. Local businesses in town centers require comparatively little infrastructure investment and make more efficient use of public services as compared to nationally owned stores entering the community.

*** Buy What You Want, Not What Someone Wants You to Buy**. A marketplace of tens of thousands of small businesses is the best way to ensure innovation and low prices over the long-term. A multitude of small businesses, each selecting products based not on a national sales plan but on their own interests and the needs of their local customers, guarantees a much broader range of product choices.

*** Keep our Community Unique**. Where we shop, where we eat and have fun - all of it makes our community home. Our one-of-a-kind businesses are an integral part of the distinctive character of this place. Tourism also benefits. "When people go on vacation they generally seek out destinations that offer them the sense of being someplace, not just anyplace."

*** Encourage Local Prosperity**. A growing body of economic research shows that in an increasingly homogenized world, entrepreneurs and skilled workers are more likely to invest and settle in communities that preserve their one-of-a-kind businesses and distinctive character.

*** Reduce Environmental Impact**. Locally owned businesses make more local purchases requiring less transportation and generally set up shop in town or city centers as opposed to developing on the fringe. This generally means contributing to less sprawl, congestion, habitat loss and pollution.

Think local first + Buy local when you can = Being a local!

--Chuck Lynd represents SL in our collaborative project, SOLE

Simply Living hosts Open House

Marilyn Welker and Ali Erickson enjoy conversation at the Open House.

SL's new office space.

Donate Your Car: *Get a Tax Deduction* and *Help Simply Living!*

Volunteers of America

Simply Living
Making Life Good together

Call to Donate
(614) 447-0296

Efficiency awareness goes local

Simply Living members Russ Meeker and Mary Cunnyngham started a renewable energy consulting firm in 2003 because of their concerns about energy independence. Russ, a veteran, was concerned about his grandchildren, who could potentially be drafted into the military to protect foreign sources of oil. He *knew* we could generate our own energy in this country if we were to take advantage of renewable energy, especially solar. Mary's concerns were primarily about our extractive economy, knowing our economic and environmental mindset must change to include consideration of the consequences of our actions to our environment and to future generations.

Russ and Mary have created a company that offers energy efficiency and renewable energy services. By including a spectrum of energy users in Ohio – residential, business, governmental and non-profits, the goal of Renewable Concepts & Design (RCD) is to "reduce energy use, stabilize energy costs and increase energy efficiencies." Now that's a service just about all of us could use.

Russ Meeker and Mary Cunnyngham

Their program, Community Responsible Solutions for Energy Transition (Re:SET), harnesses the power of group purchasing and municipal financial mechanisms. Through recently enacted Ohio legislation ('09 Senate Bill 1, and '10 House Bill 232), cities and townships are able to raise bonds to pay for energy efficiency and renewable energy upgrades for local property owners. Unlike typical bond financing, this program is a voluntary "opt-in" program that allows property owners to determine what they want to do and how much they want to spend. The money is like a long-term (20 to 30 year) loan that is re-paid along with property taxes each year. Each municipality determines its own parameters, but Meeker and Cunnyngham have developed an implementation strategy based on national standards for these programs.

"The key to the success of Re:SET," Cunnyngham says, "is the level of education and awareness within the community – in both the methods for reducing energy use and the imperative to conserve energy in the first place." She leads workshops which help participants understand their energy bills, their consumption levels throughout the year, and simple low-cost/no-cost ways to reduce their energy use. In addition, she and Meeker provide information and personalized direction about implementing renewable energy solutions.

They emphasize that before engaging in renewable energy and high-end energy efficiency solutions, always work on reducing your energy consumption. The easiest things can be the most cost-effective because there is no cost or very little outlay.

- Turn down the thermostat in the winter another degree or two.
- Put electronics on a power strip, and turn the strip off after use.
- Replace incandescent bulbs with compact fluorescent bulbs or LED lighting, which are becoming more affordable and versatile.
- Install a programmable thermostat to control your heating and cooling system.
- Caulk and install weather-stripping; both are simple and cost and energy effective.

Eligible sustainable energy and energy efficiency measures that can be funded through a Community Re:SET program are:

- solar thermal and geothermal technologies to provide hot water, heating and cooling
- solar photovoltaic and small wind systems to generate electricity
- bio-based energy generation including anaerobic digesters and other waste-to-energy processes
- complete replacement of heating, ventilation and cooling systems

Meeker and Cunnyngham feel that "financing your energy efficiency options and renewable energy upgrades means lower monthly energy expenses and, over time, energy cost stability." The long-term funding and use of municipal bond strength can empower any property owner to be part of a Responsible Solution for Energy Transition. This means long-term savings for the consumer and the planet.

Over the years, Renewable Concepts & Design has created many partnerships to benefit consumers as well. Working with companies like DayLEIT (an Ohio-based energy-efficient lighting company), Blue Chip Solar & Wind, Solar Usage Now (a manufacturer and dealer in solar thermal hot water & heat technology) and S.U.N. Equinox (maker of Sanicube, a super-insulated and hygienic storage system for solar heated water), RCD covers the bases. Sara Rampersaud of EcoAssist Consulting and a master electrician also work with the company, bringing years of experience and expertise.

Both Meeker and Cunnyngham actively advocate for legislation and energy policies "that support energy efficiencies and renewable energy." They have provided testimony to legislators and been involved in state and national policy discussions.

Besides their involvement with Simply Living, Meeker and Cunnyngham work with Green Energy Ohio, MORPC's Energy & Air Quality Working Group, the Ohio Consumer Counsel's Community Advisory Panel, the Ohio Environmental Council, and 25x'25.

To find out more, contact them at 614-571-4918 or visit their website at *www.renewableconcepts.net*

--By Mary Cunnyngham and Tuesday Trippier, an SL member who is active with Sustainable Delaware

Simply Living 2010 Membership Survey

Clip and Mail...

The Simply Living Board of Directors has prepared the following survey to help guide our continuing partnership with our members. We are committed to providing the most inspiring and relevant programs, events, and ideas. Please take 5 minutes to answer the questions below. We deeply appreciate your participation and welcome your thoughts and comments. To complete the survey electronically, visit *www.simplyliving.org* and link from the home page.

Previous Experience with Simply Living

How did you first become a participant in Simply Living?

- ☐ Participated in a program on my own
- ☐ Participated in a program with an already-affiliated friend
- ☐ Attended *A Gift to be Simple*
- ☐ Via the Clintonville Community Market
- ☐ Visited the website
- ☐ Participated in the listserv

Why did you decide to become a member of Simply Living?

- ☐ Because I was asked
- ☐ To support Simply Living's programs
- ☐ To support Simply Living's mission and vision to create a more compassionate and sustainable world.
- ☐ To take advantage of business-affiliate discounts

Why do you continue your membership?

- ☐ To socialize and network with like-minded people/friends
- ☐ To learn how to live more sustainably and to live my values more fully
- ☐ To support the development of local community initiatives such as WCRS, Local Matters and Transition Central Ohio.
- ☐ To support Simply Living's overall mission and vision to create a more compassionate and sustainable community and world.

Current understanding and experience of Simply Living

What are the first three words that come to mind when you think of Simply Living?

What is the primary purpose Simply Living serves in your community? What is Simply Living's most significant accomplishment in your community?

What are the Simply Living-affiliated programs in which you currently participate?

Communication

What are the top two means of communication you use to remain apprised of Simply Living events, programs, and other initiatives?

☐ Listserv
☐ Website
☐ Newsletter
☐ Word-of-mouth
☐ Clintonville Community Market
☐ Electronic calendar

What types of programs are your primary interest areas?

☐ Community relationship-building
☐ Educational programs
☐ Program incubation

Other (please specify) _____

_____

Demographic Questions

Number of household members by age:

	Number of Occupants of this age
0-5	
6-10	
11-18	
19-24	
25-34	
35-50	
51-59	
60+	

Employment – Type of work

☐ State/government
☐ Corporate
☐ Non-corporate
☐ Self-employed
☐ Retired

Other: Please specify

_____

_____

Please use the space below for any general comments you may have:

Thank you for completing the survey!!

Please return to:

Simply Living
2350 Indianola Ave.
Columbus OH 43202

Another Way You Can Support Simply Living's Work

(Continued from page 1...)

Fall is campaign season for workplace fundraising campaigns as well as electoral politics. Simply Living is one of sixty organizations who belong to Community Shares of Mid Ohio (CoSMO) *http://www.communityshares.net/*, a workplace fundraising federation that makes it easy for people to give to local nonprofits working on community-based solutions.

Look for CoSMO and Simply Living in the following workplace campaigns:

Public Workplaces (Simply Living's Campaign Code):

State of Ohio Combined Charitable Campaign (4717)
City of Columbus Combined Charitable Campaign (8383)
City of Dublin
Franklin County Combined Charitable Campaign (8383)
COTA Central Ohio Transit Authority
The Ohio State University "Bucks for Charity" (8383)
Columbus State Community College (1034)
Columbus Metropolitan Libraries
Westerville Public Schools
South Western City Schools
Columbus Public Schools (1050)
Worthington Public Schools
Hilliard Public Schools
Upper Arlington City Schools

Guests share at Simply Living's recent Open House.

Private Workplaces:

COSI
Ohio Civil Service Employees Association (OCSEA)
Ohio Historical Society
Hahn Loeser and Parks
Ohio Capital Corporation for Housing
Edison Welding Institute
Denison University
Battelle Memorial Institute

If your company does not include Community Shares and Simply Living, please ask that they are included. Visit *www.communityshares.net* or contact Community Shares at (614) 262-1176 to find out how you can make charitable giving a part of your workplace.

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The Simply Living Bookstore at The Clintonville Community Market (CCM)
200 Crestview Road, Columbus, Ohio 43202
Tel: (614) 261-3663

Need a special order? Email Chuck Lynd
chuck.lynd@gmail.com

Cool Reads + DVDs at the Simply Living Bookstore!

New titles from Chelsea Green are on the shelves… Chelsea Green is becoming the leader in cutting edge books related to food and environmental issues. Here's a sample for **change agents--**

Confronting Collapse: *The Crisis of Energy and Money in a Post Peak Oil World – A 25-Point Program for Action*;
Local Money: *How to Make It Happen in Your Community*;
Radical Homemakers: *Reclaiming Domesticity from a Consumer Culture*;
Terra Madre: *Forging a New Global Network of Sustainable Food Communities.*

Coming in October….
The Progressive's Guide to ***Raising Hell***
Classics back in stock…**Gaia's Kitchen**, Revised; **Gaia's Garden** 2nd Edition! **Food not Lawns**; **Wild Fermentation**; and a new **Forest Gardening DVD**

Did you know…. By clicking on the book image on the lower right corner of our web home page *(www.simplyliving.org),* you will open a listing for that book on *Amazon.com.* Once on Amazon, you do not have to purchase that book, *and* SL earns 4% on anything purchased on the Amazon website.

Questions and special orders: Please contact Chuck Lynd, *chuck.lynd@gmail.com* or 614.354.6172.

Hours: Daily 8 a.m. to 10 p.m.