

# SIMPLY NEWS

#### Sharing Information, Joy and Thoughtfulness

A Publication of Simply Living

#### Summer Pleasures—

# Canoe the Mad River Saturday August 18

We love this event! Enjoy a two-hour canoe trip down one of Ohio's cleanest rivers, followed by a potluck picnic at the nearby home of the Welkers.

Canoe livery cost is \$12/ person. Please register with Becky Allen by Aug. 14: razwriter@yahoo.com, or 488-7122. Include your name, phone number and email address, names of persons participating and the number of canoes, rafts, and/or kayaks needed. (Two adults [age 12 and up] plus up to 2 children per canoe.)

Depart from Columbus at 12:30 p.m.; meet in Giant Eagle parking lot if interested, 2801 N. High St. (south of SL office). Canoeing at 2 p.m. Picnic beginning around 5 p.m.

Please bring a dish to share and your table service. Drinks provided. Becky will email directions and details to persons registering.

#### WCRS-LP Receives FCC License

By now we've learned that building a community radio station is a long-term process. Moving forward, here's news and information about WCRS, the voice of Simply Living:

#### License!

On July 3rd, Simply Living received our FCC license to operate—6 years, 5 months and 11 days after we submitted our application. With this kind of staying power, we're just getting started.

#### Reception

Have you tuned in to WCRS at 102.1 FM or the rebroadcast on 98.3 FM? If so, how was your reception? Did you enjoy what your heard? People are reporting various degrees of success in receiving the signal, so here are some tips:

1) Most importantly, we only broadcast between **3-8 p.m. daily**. (And very occasionally we experience signal interruptions.) Our timeshare partner station WCRX, a

(Cont'd on page 4...)



Frank Shearer and Eugene Beer enjoy live broadcasting at Simply Living's radio Comfest booth.

#### Local Matters to Grow New Roots

With growing awareness of the critical importance of creating a sustainable, local food supply and a burgeoning level of activity towards meeting that need, Local Matters (formerly Greater Columbus Foodshed Project of Simply Living),

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Simply Living's Vision: Creating a compassionate and sustainable world through personal, community and cultural transformation.

Report to Members

Simply News is published six times a year by Simply Living. Please send submissions (all welcome) to:

Mary Frances Ball, editor, Simply News 8383 Cleveland Ave. N.W. Westerville, OH 43081

Email: MARYFRANCES@INSIGHT.RR.COM

The deadline for items for the next issue is:

**September 10, 2007** 

Call the editor at (614) 895-2100. Please remember to include your phone number with submissions.

PLEASE SEND ALL CALENDAR SUBMISSIONS TO:

Marilyn Welker

and wholeness.

» Simplifying our lives

» Greening the earth

P.O. Box 82273 Phone: 614/447-0296 Columbus OH 43202 Email: mwelker@ctcn.net

#### An invitation to electronic information

You are invited to receive timely, relevant information through two listserves created and sustained by the generous commitment of Janet Ingraham Dwyer and Chuck Lynd.

- •Simply Living Listserve: Expect 2-5 diverse messages per week ranging from events of note to free available items to housing requests and more. Contact Janet Ingraham Dwyer to join and/or to request posting of information you'd like to share with the Simply Living community: janet@simplyliving.org
- \*Clintonville Community Market Listserve: Chuck Lynd sends out a lively weekly digest of community events, usually on Thursdays. An enjoyable read in and of itself, it's chocked full of opportunities to connect with good work, good people and good fun! Contact Chuck: clynd@cavenet.org

The Three Themes of Simply Living:

#### **Simply Living Welcomes New Members**

Ron Price

Donna Adassa

Robert Studzinski

Carol Zamonski

Thomas Quinn

Shelly Everett

Karen Jones

Shawna Stursa

Mary McRury

Welcome!



Sarah & Peter Case

Sheri Center & Meadow Marston

Ben & Michelle Gibbons John & Vita Blackburn

Jeff & Adrienne Cannell

Ruth Ann & James Farthing Mark Klinger & Jennifer Dush Daniel Kramer & Adele Mattern

Lydia Stone & Steve Perakis

#### **Simply Living Board**

President, 216-6124 Donna Sigl-Davies, Vice President, 268-7656 Michael Paull.

John Harrison,

Secretary, 316-4092 Dan Baer, Treasurer

343-0493

Jim Kammerud, 844-5066 Jenny Floch, 563-9031 Jed Swift, 921-1997 Kris Keller, 885-2964 Lisa Staggenborg, 436-9931 Marilyn Welker, Director

937/484-6988

We invite you to invite others to learn about us! If you have someone whom you think would enjoy reading our newsletter and/ or attending our events, contact Sarah Straley 614/447-0296 to pass on their names. We gladly send complimentary newsletters and find that our members' recommendations are the best "advertising."

# Simply Living Memb

Our Mission: Simply Living of Central Ohio supports individuals, families and

learning opportunities which promote personal and civic responsibility, informed action

» Healing toward wholeness ...through our learning, loving and serving

organizations in creating a more compassionate and sustainable world by offering

Simply Living members are the organization. Members may be	1	
involved at various levels, are financially committed, and share a vision	A One-year subscription to Simply News is \$20	
of growth and transformation.	An Individual memberships is \$30/yr.*	
We invite members to participate in all activities and to offer		
your special interests and gifts as well. For more information, call Simply Living at 614/447-0296	A Family membership is \$45/yr.*	
Name:	A Senior citizen or Student Membership is \$20/yr.*	
	Please, list me in SL's directory	
Address:	Please, add me to SL's Listserv	
	Please, add me to the Community Update Listserv	
City, State, Zip:	Please, contact me about volunteering. I'm interested in:	
Phone:	*Note: Memberships include a one-year subscription	
Email:	to Simply News.	
Visa/MC#Exp	Make checks payable to Simply Living and send to: 2929 N. High St. Suite A., P.O. Box 82273, Columbus OH 43202	



### Simply Stated

# Sharing News and Information from the Simply Living Community



#### **Kudos to our Credit Union**

KEMBA Federal Credit Union's CEO Jerry Guy has committed to adding bicycle racks at KEMBA branches to make them more accessible and convenient for cyclists. If you and/or your family has a membership in Kemba (which Simply Living does), you may contact Mr. Guy directly at <code>jguy@kemba.org</code> to thank him for his willingness to increase KEMBA's support for greener, healthier communities.

Also, please encourage businesses you patronize to add bicycle racks at their facilities so that moving about your community on two wheels becomes increasingly more attractive.

-- Eric Davies, SL Alternative Transportation Project

# Come be inspired by the real life example of the "Green" Mayor of Salt Lake City!

Green Building Expo Luncheon Thurs. Sept 13, Noon - 1:30 p.m. (\$10)

Since taking office in 2000, Salt Lake City Mayor Rocky Anderson has been an outspoken advocate for protecting the environment. He committed SLC to abide by the Kyoto Protocol and far exceeded the goal by 2005, seven years before the Protocol's 2012 target date. To date, in its municipal operations Salt Lake City has reduced greenhouse gas emissions by 31% from 2001 levels.

Mayor Anderson is a proponent of transit-oriented urban housing and walkable, mixed-use neighborhoods that do not perpetuate dependence on the automobile or further sprawl development. Visit www.cgbf.org for complete info about the Columbus Green Building Forum conference. Location: Columbus Athenaeum, 32 N. 4th St., Downtown Columbus.

**Please Note:** Articles appearing in *Simply News* reflect the views of their authors and do not necessarily reflect policy or positions of Simply Living.

#### Why I Have Dandelions

Excerpted from the summer newsletter of Keller Chiropractic is the following sobering reminder:

Children who live in homes that use lawn chemicals have statistically significant higher rates of leukemia, brain cancer and sarcoma. Children whose parents are exposed to lawn chemicals have a higher incidence of ADD and ADHD. Of the 30 most commonly used lawn chemicals, 14 are known to cause cancer. Lawn chemicals are found in rivers in quantities sufficient to alter the ability of some species to thrive. Those same rivers supply our drinking water.

#### Friday Night Film Series

Beginning in September we'll revive our popular Friday night film series. We invite your suggestions of film offerings and your help in hosting these evening showings and conversation. Please contact us at 447-0296 to discuss.

#### Brian Swimme Video Series to start in Oct.

Bridging science and spirituality to build understanding of the sacred universe has been a life-long pursuit of mathematical cosmologist Brian Swimme. SL member Wanda Hambrick will host a film series recently produced by Swimme, starting Thurs., Oct. 4th at the First Unitarian Universalist Church, 93 W. Weisheimer Rd. Watch SL calendar for more details.



#### **Local Matters**

#### (...Cont'd from page 1)

with strong support from the Simply Living board, is moving forward to become its own nonprofit 501(c)3 organization.

At its June board meeting the SL board approved Local Matters' request to become its own organization, supporting wholeheartedly its continuing mission to ensure that all members of the community have access to affordable, nutritious, fresh and local foods by helping to create a vibrant regional food system that utilizes sustainable farming practices.

The story of the collaborative creation of the Greater Columbus Foodshed Project, its adoption by Simply Living in 2004, and its further metamorphosis as Local Matters in October of 2006, is testament to a thoughtful partnership based on the premise of a greater good that can be achieved when the parts start to fit together into a whole. The Local Matters partnership grew out of much ground work that was already in place and an amalgamation of many people, organizations and activities. Building on a solid foundation set in place by many individuals in the community, Local

Matters is poised to grow into a well grounded, structured organization that will seek to "connect the many dots" that need to be addressed in order for the dream of a local food system to become a reality.

Noreen Warnock will continue to provide her invaluable experience, connections and expertise, joining with Michael Jones, Martha Balint and Susan Weber as core leaders. They have been considering many strategies, activities and partnerships over these past nine months and their dedication to this vision has grown stronger.

We are grateful for their leadership and commitment to their vision and are looking forward to offering Simply Living's support in this work. We also recognize that many of our members have contributed much to this project over the years, from starting a community garden and farmers market to hosting farm visits for preschoolers to participating in community forums. Knowing that we all eat, and that eating is a political, social, environmental, economic and cultural act, we anticipate supporting this partnership with zeal.

We are tickled pink that Local Matters will share our new offices, and we anticipate many future collaborations. For now, contact Local Matters at 614-263-LOMA (5662) or stop by at 2929 N. High St. Ste. A, Columbus 43202.

-Marilyn Welker

#### **WCRS-LP**

#### (...Cont'd from page 1)

service of Bexley Public Radio Foundation. broadcasts weekdays, 11a.m. to 1 p.m.

- 2) Weather may affect reception, although more so with 102.1 than 98.3.
- 3) Radio receivers vary widely in their reception strength. If you cannot hear us on one radio, try another. Usually, radios with digital tuning work best. Eugene Beer, our intrepid engineer, advises that car radios generally will be the best receivers.
- 4) If at first you don't succeed, try—try again. Radio electronics are art and science, and we are continually experimenting with many broadcast variables.
- 5) Send your reception reports to Eugene: <a href="mailto:ebeer6141@www.ay.com">ebeer6141@www.ay.com</a>, and please include information about the kind of radio receiving the signal as well as your location and type of structure (building, woodframe home, brick home) where you are listening.
- 6) Visit <u>www.simplyliving.org/wcrs</u> for more detailed information on how to receive our stations.

#### Encroachment by WNKO of Newark

On July 21st, an attorney who specializes in FCC-related work filed an Informal Objection with the FCC on our behalf, objecting to WNKO's application to move its broadcast tower to New Albany from Newark.

Accompanying his paperwork were community letters of support from Mary Jo Kilroy, Franklin County Commissioner, Columbus Institute for Contemporary Journalism, Comfest, and Community Shares of Mid Ohio.

We await the FCC's determination and anticipate that **both WNKO** and our station can co-exist even if **WNKO** is granted its request. We have various scenarios in our hip pocket to use if needed. Most importantly, FCC staff persons are on record for voicing their commitment to assist low power FM stations to stay on the air in an encroachment situation.

#### **Our Partners**

Bexley Public Radio Foundation (WCRX) is cooperating with us to resolve the encroachment situation.

Community Refugee & Immigration Services will withdraw from the project as a timeshare partner once the encroachment issue is resolved, their board citing their concern that the radio project would compete with their delivery of services to refugees and immigrants in Central Ohio.

#### **Programming**

**WCRS** is the first Central Ohio radio station to broadcast *Democracy Now!*, an award-winning collaborative news program hosted by Amy Goodman and Juan Gonzalez, airing at 3 p.m. and again at 7 p.m. Monday through Friday.

#### WCRS-LP

(Cont'd on next page...)

# Ohio Green Living Sustainability Fayre!

Two SL members who walk their talk and inspire many are Jay and Annie Warmke of Blue Rock Station. Thinking sustainability, they see opportunities to increase awareness and practices of more just and sustainable living in our state. Their dream is to see the Ohio Green Living Sustainability Fayre become the premier sustainability event in Ohio to connect people with the growing network of best practices, resources and organizations.

When: Labor Day, Monday, Sept. 3rd, 11 a.m. - 6 p.m. Where: Flying J Farm, 5329 Van Fossen Rd., Johnstown Cost: \$5/person

Join us for a day of workshops, exhibits, demonstrations, old-fashioned family games, horse-drawn wagon rides, the OEFFA organic farm tour, fishing, music and more.

#### Workshops -

Two tracks of workshops throughout the day will feature sustainable topics such as Using Solar in your Home, Straw Bale Construction, Natural Fiber Weaving, Organic Farming, Natural Healing for Yourself and Your Pets, Building and Using a Solar Oven, Bio-Diesel, Creating a Rain Garden, and more. If you are interested in presenting a workshop or exhibiting your products, contact us.

#### A Complete Children's Program -

Throughout the day we will have crafts and games for children, as well as a scavenger hunt, wagon rides and fishing. Your family can build your very own solar oven, compete in the sack race, or simply listen to music.

#### All Day Music -

We will feature live performances of local artists throughout the day to add to the relaxing, pleasant atmosphere of the Flying J Farm.

#### Tour the Organic Farm -

The Fayre will be held on the grounds of one of Central Ohio's premier organic farms. Stroll the 200 acres, take a wagon ride, stock up on organic meats and veggies, or sit by the lake and contemplate life, the universe and everything.

#### **Exhibits and Vendors -**

If you are a vendor of "green" products or services, you will want to be part of this event (sign up at <a href="www.ahiagreenliving.org">www.ahiagreenliving.org</a>). If you are interested in what the market has to offer, shop the vendor area and see the latest in solar technology, green products and crafts, local not-for-profits events and services, and more. Vendors are encouraged to conduct demonstrations at their booths, so this is an educational opportunity as well as a chance to buy those hard-to-find items.

#### Volunteer -

We need helpers before and during the Fayre. All profits from this event will be donated to Ohio sustainable living non-profits, so have fun, help the planet, and support your local non-profits at the same time. To volunteer, contact us and let us know how you would like to help. Opportunities include marketing, working at the information booth, directing traffic, preparation and/or clean-up plus much more.

For additional information, check our website at <u>www.ohiogreenliving.org</u>. Call us at 740-674-4300; email us at <u>jay@bluerockstation.com</u>. For more information about the Flying J Organic Farm, visit <u>www.flyingifarm.com</u>
—Jay Warmke

# Save the date!



#### **November 7**

Noon to 1 p.m.

#### (...Cont'd from page 4)

Our Steering Committee will be developing programming policies and criteria, realizing the interest in our larger community to produce programs and our need to be fair, transparent and inclusive. We are committed to airing locally-produced programming as soon as possible.

#### Developing a business plan

To ensure the financial viability of the station, we need a business plan. We are seeking the assistance of a person with this kind of experience. Please contact me if you can help: <a href="mwelker@cton.net">mwelker@cton.net</a>.

#### ...And much much more

Many aspects of this project await development, including building a studio, developing promotional materials for outreach and marketing, fund-raising, building community partners and more. In the meantime, we envision a radio station in which we see our community's capacity to live more compassionately and sustainably realized.

—Marilyn Welker

# Reducing our T Carbon Footprint

What steps have you taken to reduce your and/or your family's carbon output? Would a friendly cooperative environment with others committed to this effort increase your motivation? Here are two opportunities that promise to be informative, motivational and fun!

## I. Global Warming: Changing CO<sub>2</sub>urse

Thurs. Aug 23, 7:00-8:30 PM, 2929 N. High St., Suite A. This evening will introduce our foursession course to explore the history and science of global warming, your personal values and habits relating to climate change, and personal actions you can take to curb the effects of global warming. Coursebooks \$20. Contact Sarah: 447-0296.

#### II. Answer the Call: The Green Steps Initiative

SL member Jane Butler and her husband, Keith Beveridge, participated in the Global Warming course this winter and invite you to join in their commitment "to develop ever greener ways to live."

The Live Earth concert has come and gone, but the need to answer the call of environmental responsibility and action is stronger than ever. Now is the time to take action in our own lives to reduce our impact on the Earth and create sustainable habits for the long term. With this ideal in mind, my husband and I have developed an initiative program—the Green Steps Initiative, to challenge ourselves and our community to take

action and develop ever greener ways to live our lives.

We envision the Green Steps Initiative as a web-based program that allows individuals/families to measure and track their ecological footprint, based on their carbon emissions level. The initiative will be built with a team of community members who will be mutually supportive and nonjudgmental with reciprocal encouragement and group accountability. Together we can reduce our ecological footprints and support and motivate each other with new ideas and actions to be green.

We will as a community team decide how much we want to reduce our carbon footprint over the next six months. Together we will decide on biweekly goals to reduce our carbon emissions (i.e. reduce our driving, reduce our electricity use, etc.). Keith and I will supply Green Steps members with ways to chart and determine their carbon emissions, which participants will then record on the Green Steps website. Your computer will be your tool for tracking your progress in reducing your carbon emissions. We will then organize that data and share the results with you.

We want to celebrate with each other the positive choices and impact we are having on the Earth as a community. We will literally be able to watch our personal and communal footprint shrink as we support each other in taking steps to a greener lifestyle.

The Green Steps Initiative will kick-off with a **potluck party at** 

**our home on September 15th** and continue for 6 months. We hope to share the joy and success of greening our lives, motivating each other to create habits that persist over time. We also hope to have a lot of fun, including opportunities for potluck dinners and fun "green" prizes!

We are looking for 20-25 individuals/families who want the mutual support and encouragement that this group will offer. If you are interested in being a part of the first Green Steps Initiative or would like more details about it, please call Jane or Keith at 433-7320, or e-mail Jane at <a href="mailto:jcbsmiles@yahoo.com">jcbsmiles@yahoo.com</a>. ---Jane Butler

## World Carfree day

September 22, 2007

Get out of your cars and into the street because World Carfree Day is on the way! And this year, World Carfree Network wants to emphasize that World Carfree Day is more than a day of celebration; it is a call to challenge our car-dominated societies: *Go Carfree and Don't Stop!* 

"World Carfree Day is the perfect time to take the heat off the planet and put it on politicians and planners to give priority to cycling, walking and public transport," says Randall Ghent, initiator of the first World Carfree Day in 2000. The global day of action now takes place annually on September 22nd.

On this coming September 22nd, World Carfree Network and its member organizations around the world will call for permanent changes to make cities more environmentally and socially sustainable 365 days a year. In more than 1,500 cities and 40 countries, like-minded active citizens will call for measures to actively reduce car use, with carfree street festivals, bicycle parades, street closures and other special events.

Plans are underway for several events in the Columbus area so stay tuned to the SL calendar for updates. Consider starting your own event in your neighborhood. Get together with your friends and take a walk, bike ride or bus ride to the local park, library or farmer's market. If you are already minimizing your car use, help a friend to do the same. Celebrate a day without your car!

Chris Luers, Simply Living Alternative Transportation Project; <u>dluers@earthlink.net</u>





## Jeffrey Place development brings environmental sensibility to Columbus

In June, Larke and Joe Recchie hosted Simply Living members at their Jeffrey Place Development, treating us to a cookout, overview of their project and tour of a large multiple-use building under construction. This project, the first of its kind in the country, is positioned to become not just a lively spirited neighborhood but also a premier demonstration project for sustainable neighborhood design. In so many ways this project exemplifies Simply Living values. We salute Joe and Larke and their many partners in creating a living showcase for sustainability in Central Ohio!

When across the nation everyday realities—as basic as the rising price of gas—continually call us to examine our effects on securing our own resources, a new development in Columbus' Italian Village is being proactive. The Jeffrey Place North Block 1 development, which has undergone scrutiny and approval from the Italian Village Commission and state board examiners for design and architecture, has recently applied to be a part of the pilot program of the U.S. Green Building Council (USGBC) for the LEED-Neighborhood Development program. LEED-ND is a rating system that integrates the principles of green buildings, smart growth, and new urbanism into the first national standards for sustainable neighborhood design. LEED stands for Leadership in Energy and Environmental Design.

The site, located on North Fourth Street and First Avenue, would be one of the first residential communities in the country to receive LEED-ND certification. The rating system is composed of 53 standards for neighborhood location, design, and green technology. Based on points earned for each of these standards, neighborhoods will be certified at Silver, Gold, or Platinum levels. The system was developed in a partnership between USGBC, the Natural Resources Defense Council, and the Congress for the New Urbanism. Self-scoring on a 152-page rating systems, the Jeffrey Place NB1 project comfortably rated at the Platinum level.

The development will include seventy-two town homes and lofts, plus retail space on its corners, all environmentally friendly. As a sustainable community it integrates many principles of smart growth, new urbanism and green building, including:

- Smart Growth Site: If Jeffrey Place were laid out in a standard suburban site plan, it would cover 1300 acres of land. With a well thought out master plan that involved intense community input through public charettes and over 150 presentations for design review, Jeffrey fits 1120 homes, a fitness center, retail and commercial space and 4 acres of park in a 41.5 acre site. Jeffrey Place has all new infrastructure that plugs into the current city system without requiring miles of new infrastructure to be built to support the new neighborhood.
- □ Walkable neighborhood/Close to transportation: One key to a sustainable community is the access to work and recreation. Jeffrey Place is located just north of I670 on North Fourth Street in Italian Village. It is minutes from downtown, a short walk to the Short North and the Arena District, one mile to The Ohio State University and 10 minutes by car to the airport. It is also easily accessible to public transportation.
- □ Recycled site: Not only is Jeffrey Place located on a former brownfield site that has been fully remediated but also it has recycled all the concrete from the Jeffrey Mining and Manufacturing company, its former user. This concrete has been crushed and used as utility base without having to transport to or from the site, a tremendous energy savings.
- □ Geothermal heating and cooling: Geothermal heating and cooling systems tap into the constant, moderate temperatures found below the surface of the earth. NB1 homes will have these highly efficient geothermal systems that use a small amount of energy to capture and move a large amount of energy. And this energy source is free, renewable, clean and environmentally friendly. Geothermal systems often lower monthly energy bills by 50-70%.
- □ Solar Photovoltaic panels: Photovoltaic (PV) is the technology of converting solar radiation or light energy into electricity. PV panels, made of specially processed silicon, convert sunlight into electricity to power an electrical load. Each home in NB1 will have a PV panel that will be on-grid. This means generating electricity that will sell to AEP for the same price as it is purchased until all electrical needs are met. When this happens, the electricity generated is sold to AEP for 1/3 the cost of AEP electricity.
- □ Stormwater runoff and retention: Rainwater harvesting is the process of intercepting storm-water runoff and putting it to beneficial use. A retention tank stored underground at NB1 will capture rainwater run-off and recycle it for irrigation. This avoids costly sanitizing and filtering through the city system and reduces buyback costs for owner uses that don't require filtered water.
- ☐ Green roofs on carports: NB1 is designed with carport roofs planted with year-round sedum. This will be an additional source of retaining rainwater and will provide a lovely green view from the lofts and town homes.
- ☐ High grade insulated windows and building envelope: NB1 is using high-grade, double insulated low E wood windows with metal cladding.

The developers of Jeffrey Place have strived to create a green community that is affordable for first time homebuyers as well as those who want to convert to green living from their current homes. Our commitment is to merge the insurance of our future with action in the present.

Feel free to contact me at <a href="mailto:lrecchie@communitybldgpartners.com">lrecchie@communitybldgpartners.com</a>

—Larke Recchie



# Partnering power to grow our work

In the spirit of collaboration through our membership in **Community Shares of Mid Ohio (CoSMO), Simply Living** works with forty-five organizations committed to catalyzing social justice and social change and providing social services, education and advocacy for our community.

This Fall marks workplace charitable campaign season during which employees in participating workplaces can contribute to the nonprofits of your choice through payroll deductions. Last year support for Simply Living through CoSMO added \$6380 for our mission, and we thank our generous donors! (Our CoSMO donors are listed on pg. 11.)

If your workplace does not include Community Shares, ask your campaign coordinator how you can make a gift through donor option to Simply Living.

For more information contact Community Shares at 614-262-1176, or *comshare@shcglobal.net*. Or, visit the website at *nuw.communityshares.net*.



#### **Deeds of Loving Kindness**

Recently Sarah and I reflected on the flurry of activity characterizing the past few months. In addition to moving our offices with the able assistance of many members, Simply Living hosted the Simply Elegant Garden Tour, staffed two SL booths at Comfest, decorated our offices and enjoyed welcoming 75+ people at our July Open House.

Many people have contributed much. We delight in experiencing our community at work, making connections, sharing joy, incubating ideas and enjoying each other.

Along with gratitude and appreciation for their time, enthusiasm and energy, we thank the following members for their help with **Comfest-related tasks and shifts**:

Dan Baer, Mary Frances, Andrea and Kate Ball, Jill Baltes, Ellen Baumgartner, Eugene Beer, Susann Castore, Eve Catus, Larry & Shirley Cox, Kevin Eigel, Jim Ellsworth, Brian and Traci Erickson, Natalie Farber, Carol Fisher, Jenny Floch, Sheila Fox, Peggy Frye, Mandeep Gill, John Harrison, Jim Kammerud, Kris Keller, Elizabeth Kraska, Paul Koehler, Suzanne Lentz, Kathleen Lewis, Andrew Mauricio, Steve McGuire, Jann Offut, Bruce Reed, Donna Sigl-Davies, Amber Smith and Sarah Straley.

For very special assistance with technical support to connect us via computers, Internet and phone lines, we thank Dan Baer, Eugene Beer and Vince Stross. These gentlemen have contributed *days* to research, recommend, troubleshoot, fix and install our vital links with all of you. They have done so with good cheer, persistence in the face of unimaginable difficulties (think "old building with decades of phone line configurations!") and impressive technical skills. We also are appreciative of the very generous donation by two anonymous donors that has allowed us to purchase a state of the art phone system!

So many members and friends at our **July Open House** added much good energy to our new home, all of which was reinforced with Alison Katz's delicious food offerings. The office was abuzz for days before with final touches of preparation. Thanks to Jane Butler, Natalie Farber, Carol Fisher, Jenny Floch, Suzanne Lentz, Sarah Straley and Elizabeth Sumney for their loving preparation, with special appreciation to Arthur Efland and Joe Jackson for the beautiful flowers that graced our rooms.

Now that we're feeling settled, do stop by. We're looking forward to a busy, fruitful fall and to the continuing growth of the Simply Living community.

—Marilyn Welker

## Simply Elegant Garden Tour

June is so prodigal, so extravagant of all that makes the world beautiful, so kind to gardeners.\* In turn, the garden owners on the Simply Elegant Garden Tour on June 3rd were so kind in welcoming visitors to their unique flowering gardens. A steady stream of garden enthusiasts chose from eight gardens, each demonstrating gracious living and environmental care.

The tour was born through the vision and effort of Jen Lucas, a Simply Living member. Jen passionately believes that living lightly on the earth can be a source of joy and beauty — qualities often overlooked if living simply is equated with living austerely.

Jen coordinated the multiple aspects of the Simply Elegant Tour, assisted by many volunteers. Lyn Lombard facilitated the gardens' selection with the help of Urban Wild's Susan Weber-a process begun last August. Lyn also coordinated food arrangements. Jenny Floch designed the publicity pieces with assistance from Carol Fisher. Dan Baer created the Tour's map, and Frank Shearer did media promotion with added support from Mary Frances Ball, Marilyn Welker, Chuck Lynd and Janet Ingraham Dwyer.

Much gratitude goes to the gardeners, whose dedication over years has created their expressions of beauty—Mandy Bonnette of Down the Garden Path Landscaping, Deb Knapke of The Garden Sage Landscaping, Dr. Edward Miller and his wife Nancy, Marilyn Raidt and Laura Fitch, Nancy Kirwin,

Ruth Friscoe, Sarah Brown, and Donna Daniel of Ohio Department of Natural Resources.

We thank the musicians who lent lyricism in several gardens: Barbara Ford and Debby Govenor of Wynd 'n Lyre, Linda Blaine and Dave Clutter of Avalon Nine, Yiling Tien, Kamilla Kinard, Jae Ellis Bull, Barb Molonson and Anne Gilliland. Jeri Platt's watercolor added artistic flair.

Delectable food was generously provided by Cottage Garden and Bakery, Clintonville Community Market, Pattycake Vegan bakery, Whole World Natural Restaurant & Bakery, Dragon Fly Organic Neo V Cuisine, NorthStar Café, Sunflower Market, Yea, Me Too Coffee Shop, and The French Loaf.

Thanks also to the garden docents—Susan Weber and Shannon Brewster of Urban Wild, B.J Dougherty, Marilyn Welker, Lee Platt, Chris Gillespie, Toni Stahl and Marc Apfelstadt of National Wildlife Federation, Gregg Wittman, Patti Randal, Ben Rickert, Dani Rickert, Heather Dean of FLOW, Sarah Brown and family, Carol Fisher, Ellen Baumgartner, Sarah Straley, Andrew Marioso, Dave Lankard and Nancy Peoples.

We will begin planning the 2008 tour soon. Please consider lending your time, energy and inspiration to another successful and informative tour. Contact Sarah at 447-0296 to talk further.

---Carol Fisher

\*from *Color in My Garden* by Louise Beebe Wilder









# 2006 Report to Members

#### **Assets**

	Amount	Pct
Cash	42,433	56.7%
Accts Receivable	11,439	15.3%
Investments	10,125	13.5%
Inventory	6,897	9.2%
Other	617	0.8%
Fixed Assets	3,369	4.5%
Total	74,880	100.0%

#### Liabilities & Fund Balances

	Amount	Pct
Accts Payable	5,225	7.0%
Other Current Liabilities	2,006	2.7%
Equity	67,649	90.3%
Total	74,880	100.0%

# Simply Living Support Membership Revenue 17.8 % Contributions 43.3 % Program Revenue 29.7 % Total Support in 2006 - \$98,336



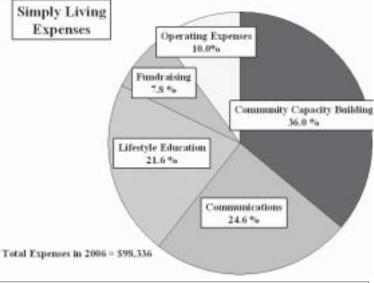
#### Support

	Amount	PCI
Contributions	42,586	43.3%
Program Revenue	29,176	29.7%
Membership Revenue	17,485	17.8%
Interest Income	2,528	2.6%
Bequest	6,561	6.7%
Total	98,336	100.0%

#### **Expenses**

	Amount	PCI
Program Services		
Community Capacity Building	35,409	36.0%
Communications	24,167	24.6%
Lifestyle Education	21,250	21.6%
Fundraising	7,637	7.8%
Operating Expenses	9,873	10.0%
Total	98,336	100.0%





# With gratitude to our supporters

At A Gift to Be Simple, our first annual fund-raising event last November, the following members joined the SIMPLY LIVING GIFTING CIRCLE, pledging a multiple-year financial commitment to Simply Living's mission:

#### Simply Living Giving Circle

Ellen Baumgartner
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#### Cool Summer Reads at the Simply Living Bookstore!

Browse the books in **SL's little corner** of the Community Market... you can find these and many other titles to **fulfill your need** for **leisurely reading pleasure!** 

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- Simple Living: One Couple's Search for a Better Life by Frank Levering and Wanda Urbanska, an inspirational guide for those contemplating a major lifestyle change.
- 101 Ways to Stress-Free Living: Declutter Your Mind, Body and Soul by Suzannah Olivier, accompanied by beautiful illustrations.
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By patronizing our bookstore you help support Simply Living's programs! Your purchases are appreciated.

Special Orders always welcome-email Chuck: clynd@cavenet.org



As always, a big **THANK YOU**for supporting the SL
Bookstore at the CCM!

#### **CCM Hours**

Monday through Saturday 7 a.m. to 10 p.m. Sunday 8 a.m. to 10 p.m.